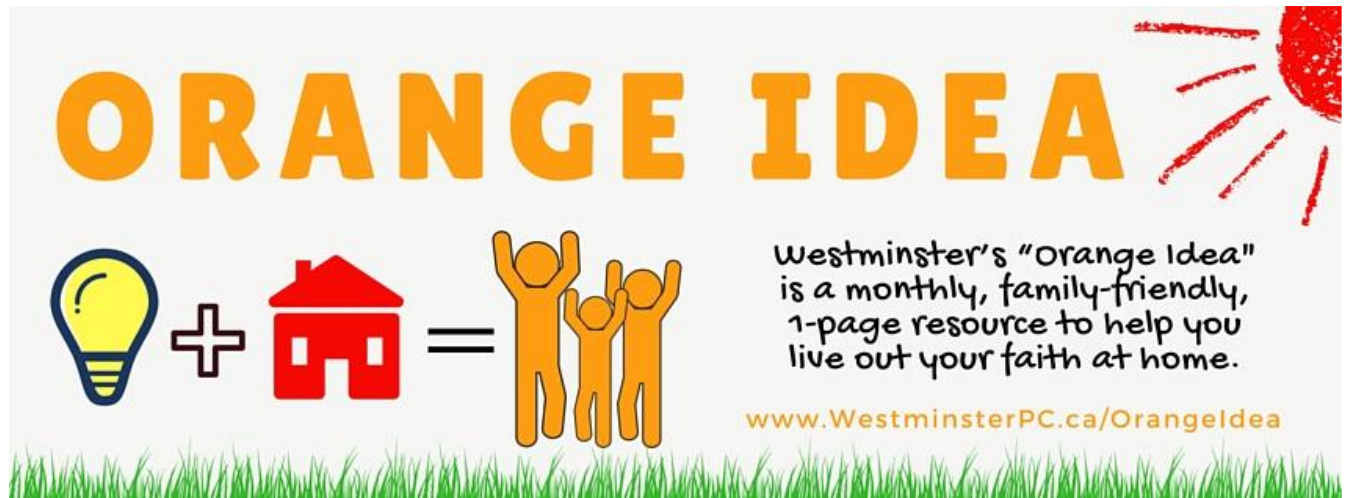


OCTOBER'S...



Background

Westminster's "Orange Idea" is a monthly, family-friendly, 1-page resource to help you live out your faith at home. What is "Orange," you might ask? Well, it's not just a colour—it's a philosophy: *Yellow represents the light of Jesus shared by the church. Red represents the blood and bond of the family. So when you put Yellow and Red together you get... Orange!* So an "Orange idea" is when the church helps people live out their faith in their families and homes. After all, the home is *the primary place where faith is formed*. So this monthly resource will help people of different ages learn about and live out their Christian faith in tangible, practical ways.

OCTOBER'S ORANGE IDEA

Grow Your Gratitude

BIBLE PASSAGE

"Every good and perfect gift is from above, coming down from the Father of the heavenly lights..." –James 1:17 (NIV)

EXPLANATION

The Bible reminds us to be thankful for all the good gifts God gives us. Gratitude also improves how we see the world. This month, as we celebrate Thanksgiving, let's use a Jar of Thanks to help us do just that.

ACTIVITY

Together, **make and decorate a Jar of Thanks to grow your gratitude.** (Or, you could use a can or box.) Each day in October, write down one thing (either as a family or as individuals) that you are thankful for and put it in. At the end of the month open your Jar of Thanks and read all of the wonderful gifts that you've been given over the month.

HELPFUL TIPS

1. For young children, you may need to remind them about all the wonderful things that happened during the day and have them choose one. (Or, if they have many, why not write them all down?)
2. When picking your container, take into consideration the age of your children. Glass may not be the best choice.
3. Decorate your Jar of Thanks using markers and stickers. Feel free to be creative. You want everyone to have a sense of ownership with it. Why not put on things that God has created for us like rainbows, flowers, the sun, etc?
4. In your evening prayers remind each other about the wonderful things from the day and how "every good and perfect gift is from above." God loves, cares, and provides for us!

IN OCTOBER... GROW YOUR GRATITUDE