

JANUARY'S ORANGE IDEA



Background - Westminster's "Orange Idea" is a monthly, family-friendly, 1-page resource to help you live out your faith at home. Orange isn't just a colour—it's a philosophy: *Yellow represents the light of Jesus shared by the church. Red represents the blood and bond of the family. So when you put Yellow and Red together you get... Orange!* So an "Orange idea" is when the church helps people live out their faith in their families and homes. After all, the home is *the primary place where faith is formed*. So this monthly resource will help people of different ages learn about and live out their Christian faith in tangible, practical ways.

January's Orange Idea - Make a Family Resolution!

Bible Passage: "For everything there is a season, and a time for every matter under the heaven" – Ecclesiastes 3:1

Explanation : As the New Year begins we often think of ways to improve ourselves and make it the best year possible. This month we would like to challenge you and your family to come up with a plan to meet a new goal as a family.

Activity: *Together as a family create a poster with a family resolution on it. You can be motivated and energized to complete your resolution by looking at the poster until your resolution is complete.*

Helpful Tips:

1. You could have a goal that is social, such as volunteering together, or helping a neighbour by shovelling their driveway, etc. What makes sense in your weekly schedule?
2. You could have a goal that is more of an activity: try a new sport (i.e. bubble soccer), or cook something together, or go to a family day at *Michaels* or *Home Depot* and create something...
3. It could be something more spiritually motivated such as starting each day with a prayer for each other, or a hug and each person saying one thing they are grateful for.
4. If you have young children try cutting pictures out of newspaper ads or magazines to help them envision your new goal as well.
5. Remember, *the family that rows together grows together!*



In January... Make a Family Resolution

Questions? Contact our Youth Coordinator Julie Cunha at julie@westminsterpc.ca or (705) 828-0474.