

Giving troubles over

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Susanna Wesley lived a few hundred years ago. She gave birth to 19 children. 10 survived infancy.

To say she was busy is an understatement. Plus, she had a difficult life—marital troubles, financial hardship, and illness were frequent visitors.

And that's not to mention the pain and difficulty of coping with the death of 9 children.

Susanna is best remembered as the mother of John and Charles Wesley, influential Christian thinkers. (Plus, Charles Wesley wrote thousands of hymns, including “Hark! The Herald Angels Sing,” “And Can It Be,” and “Come, Thou Long-Expected Jesus.”)

But what I love best about her legacy is her devotional life. As you can imagine, someone with that much hardship and that many children wouldn't have had a lot of spare time.

But she knew the importance of putting God first.

So, at a certain time every day, leaning back in her rocking chair, she would put her apron over her face. That was her agreed-upon signal to her kids that she was unavailable. Why?

Because she was talking to God.

I'm pretty sure she had a never-ending to do list. But she still did it because she knew it was important.

Giving your time to prayer is giving your troubles to God.

Psalm 34:17 says, “The Lord hears his people when they call to him for help. He rescues them from all their troubles.”

Do you have troubles? I thought so. So how can you NOT take time to pray?

Take the lead from Psalm 34:17 and from Susanna Wesley. **Giving your time to prayer is giving your troubles to God.**

By Matthew Ruttan

